

A E K E K 1



MOTION

TECHNOLOGY

LIFE

DESIGN

UNILÖCK^(K1)

TRAIN WITH AI. DISPLAY AS ART.

AI Coach System

Chest Expansion ▼

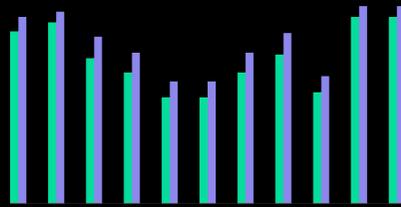
Warmup | 1/1 Set

Slide Angle Pose
 Start

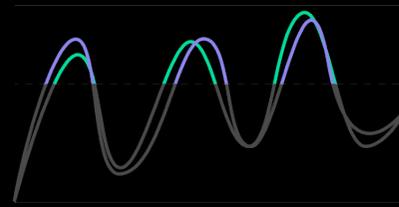
exhale to press diagonally upward

Dynamic Data Insights For Your Progress

MAX 130 MIN 110

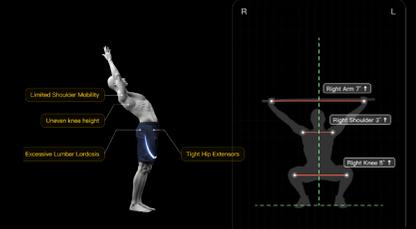


Power (w) ?

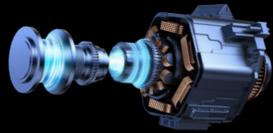


Range ?

Comprehensive Full-Body Fitness Report



Power in Precision



2.1 Channel Hi-Fi Audio System



reddot winner 2024



AI-Generated Courses & Personalized Fitness Plans

Fitness Goal

- Lose Weight
- Health Boost
- Build Muscle

Estimate Duration

- ≤ 20 Min
- 20-30 Min
- ≥ 30 Min

Muscle Group

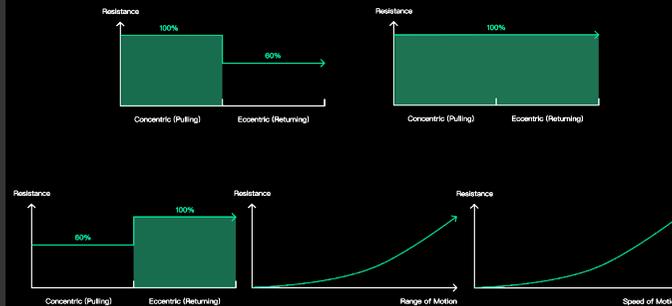
- Chest
- Back
- Glutes
- Arms
- Abdomen
- Shoulders
- Legs

320+ Movements | 200+ Courses | 100+ Plans

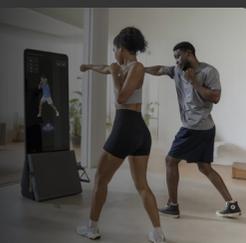
Compact & Ready to Use

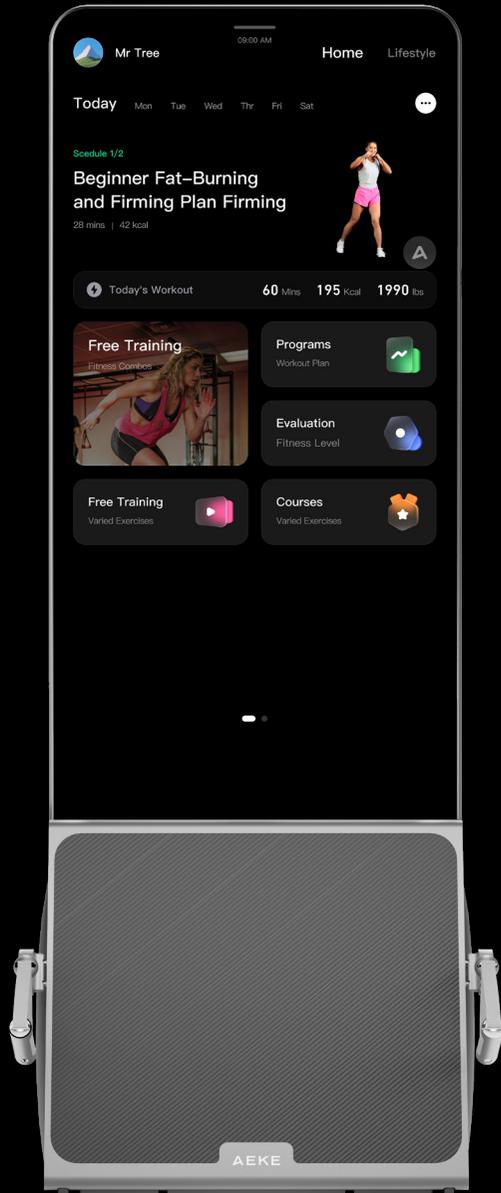


Five Training Modes



One K1
30+ Users





Everything You Need, All in One.

Explore a variety of workouts and movements that are designed to meet your fitness goals. From flexibility to strength, AEKE K1 has it all.

Find the perfect routine for you, whether it's focused on:

320+

Movements

200+

Courses

100+

Plans

Strength

Cardio

Yoga

Pilates

Chi Gong

Stretch

Meditation

Boxing

Tai Chi

AI Coach System

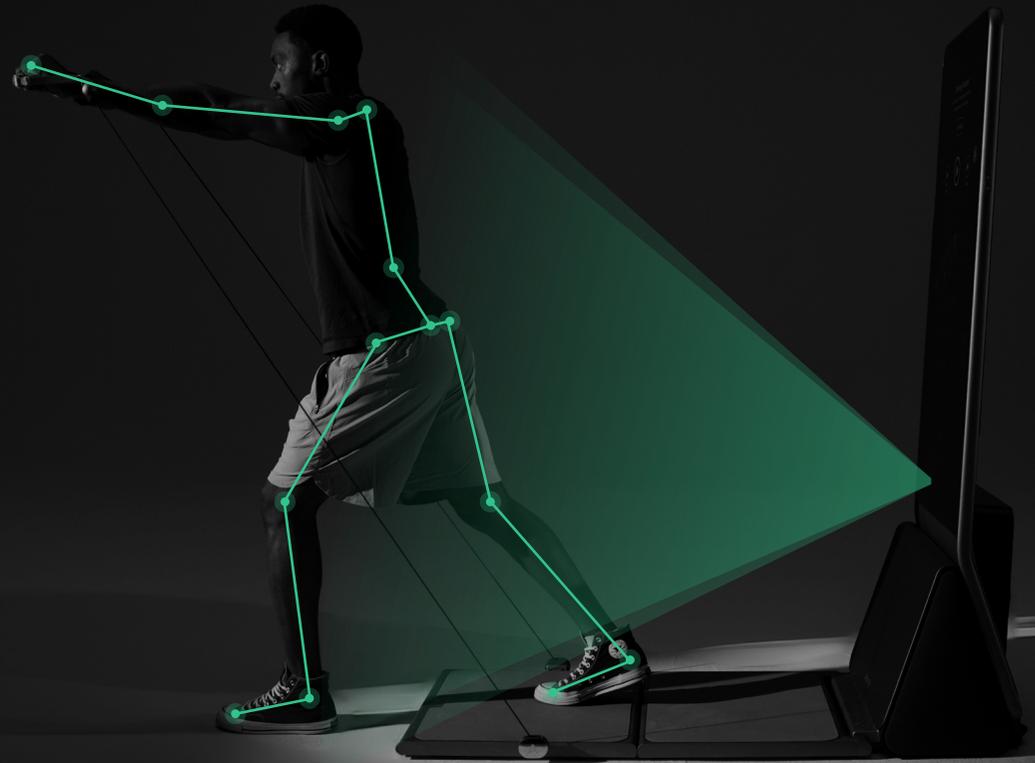
The AI Coach System lets you customize your fitness goals — whether it's weight loss, muscle building, or overall health improvement. You can select target areas, set workout duration, and receive real-time motion correction with instant feedback to guide your progress. Powered by one of the industry's highest-precision motion tracking technologies, it recognizes 42 skeletal points for exceptional accuracy in every move.



AI+ Press upper back, raise arms above body

Exhale to press diagonally upward

AI+ Please follow the coach's moves



AI-Generated Courses & Personalized Fitness Plans

The AEKE K1 offers AI-generated workout plans tailored to your fitness goals and performance. These plans provide real-time feedback and automatically adjust to your progress, ensuring you're always challenged and on track. Plus, with no hidden fees or subscriptions, you get everything you need for your fitness journey, all at once.

Fitness Goal

 Lose Weight

 Health Boost

 Build Muscle

Estimate Duration

≤ 20 Min

20-30 Min

≥ 30 Min

Muscle Group

Chest

Back

Glutes

Arms

Abdomen

Shoulders

Legs

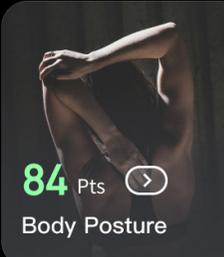
Comprehensive Full-Body Fitness Report

Track key areas of your fitness with AEKE KI's AI-powered assessments:



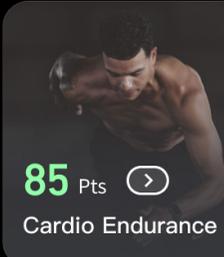
96 Pts >

Body Composition



84 Pts >

Body Posture



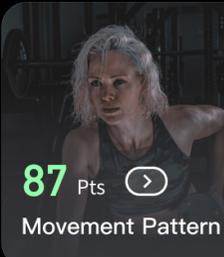
85 Pts >

Cardio Endurance



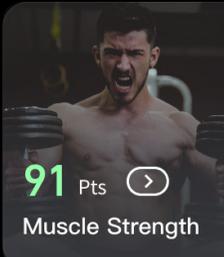
79 Pts >

Body Flexibility



87 Pts >

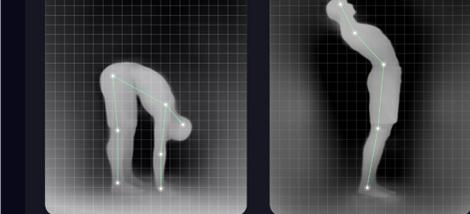
Movement Pattern



91 Pts >

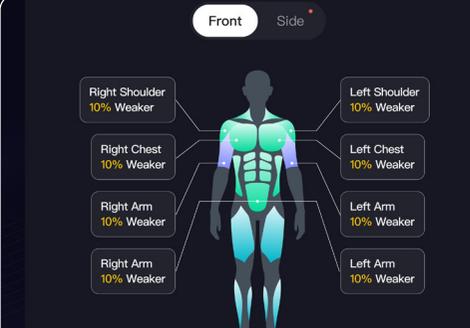
Muscle Strength

Get **Personalized Fitness Insights** to optimize your workouts and boost your performance!



Body Flexibility

Front Side



Right Shoulder 10% Weaker
Left Shoulder 10% Weaker
Right Chest 10% Weaker
Left Chest 10% Weaker
Right Arm 10% Weaker
Left Arm 10% Weaker
Right Arm 10% Weaker
Left Arm 10% Weaker

Strength Score

Upper Body	Great	100
Lower Body	Great	60
Core	Good	60

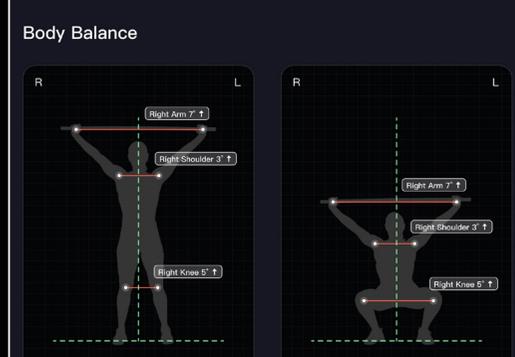
Personal Record (PR) Score 10PM 15M

Muscle Strength

187.4 lbs Weight	24 yrs Body Age	23.6 BMI
36.2 % Body Fat %	4 Level Visceral Fat	1900 kcal BMR
24.2 % Sub Fat %	24.2 lbs Skeletal Muscle	0.92 WHR
50.2 % Body water %	7.2 % Protein %	3.2 kg Bone Mass

Body Composition

Body Balance



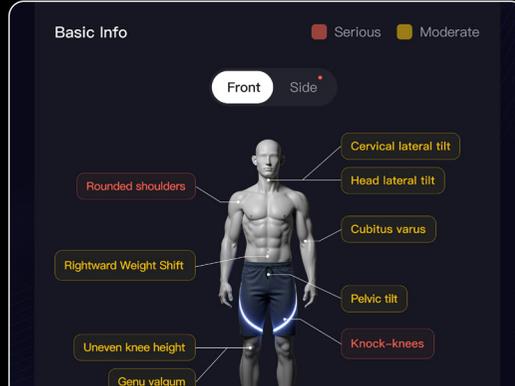
Right Shift 5"
Right Shift 5"

Movement Pattern

Basic Info

Serious Moderate

Front Side



Rounded shoulders
Cervical lateral tilt
Head lateral tilt
Cubitus varus
Rightward Weight Shift
Pelvic tilt
Uneven knee height
Knock-knees
Genu valgum
Foot abduction

Body Posture

HR Data

Time Move

120 bpm AVG HR	198 bpm MAX HR	132 bpm Recovery HR	98 bpm Resting HR
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Cardio Endurance

Design Your Personalized Workout Plan

With the AEKE K1, you're in control of your fitness journey. Create custom workout routines based on your goals—whether you're focused on weight loss, muscle building, or overall fitness. Select your target areas, set the number of sets and rest intervals, and adjust the intensity. Name your plan and save it for easy access to continue your progress, your way.



Free Workout

Practice freely

**START
NOW**



100+ moves

**SELECT
MOVE**



Select Moves (3)

Next

All

All

Frequently

Favorites

Unarmed

Smart

Chest

Back

Shoulders

Glutes

Legs

Arms

Abs



Bent Over Chest Squeeze

Unarmed



Arm Raise - Quadruped

Unarmed



Chest Expansion - Lunge

Unarmed



10 Min · 5 Moves

Start

Batch Setup

Setting

Sorting



Alt Arm Lift

Sets

- 2 +

Reps

- 10 +

+ Move + Rest



Alt Arm Lift

Sets

- 2 +

Reps

- 10 +

Dynamic Data Insights for Your Progress

Track your fitness journey with real-time dynamic data. AEKE K1 provides comprehensive insights, including: These dynamic insights empower you to monitor your progress, adjust your training, and stay on track towards your fitness goals. With AEKE K1, see your improvements in real-time and push your limits every session.

Duration

Total workout time

Reps

The number of repetitions completed

Volume (kg)

Total weight lifted throughout the session

Calories Burned

Keep track of calories burned during your workout

Power (W)

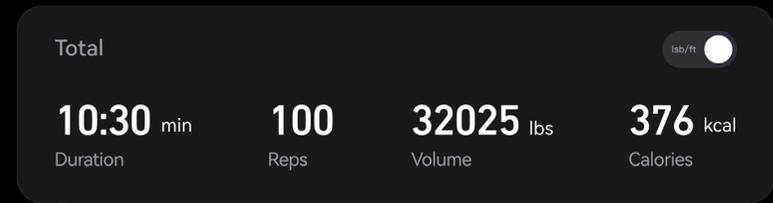
Live power output as you train

Range

Performance range during exercises

Cumulative Volume

Total weight lifted over time

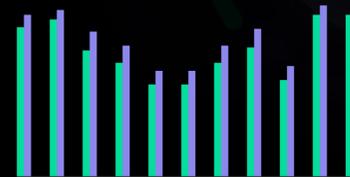


Data Charts

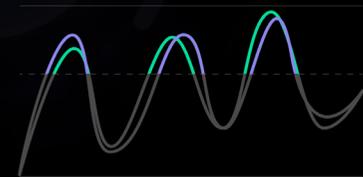
Set 1 Set 2 Set 3 Set 4 Set 5 Set 6



MAX 130 MIN 110



Power (w) ?

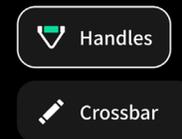


Range ?

Resistance Mode ?



Accessories ?



1,178,000

Log Total

Compact & Ready Anytime

Auto-Fold Design

Folds in seconds for easy storage

No Setup Needed

Train straight out of the box

Light & Mobile

Moves effortlessly to fit any space

Space Coverage

0.9 m² | 9.7 ft²

Unfolded

0.3 m² | 3.2 ft²

Folded

1740mm

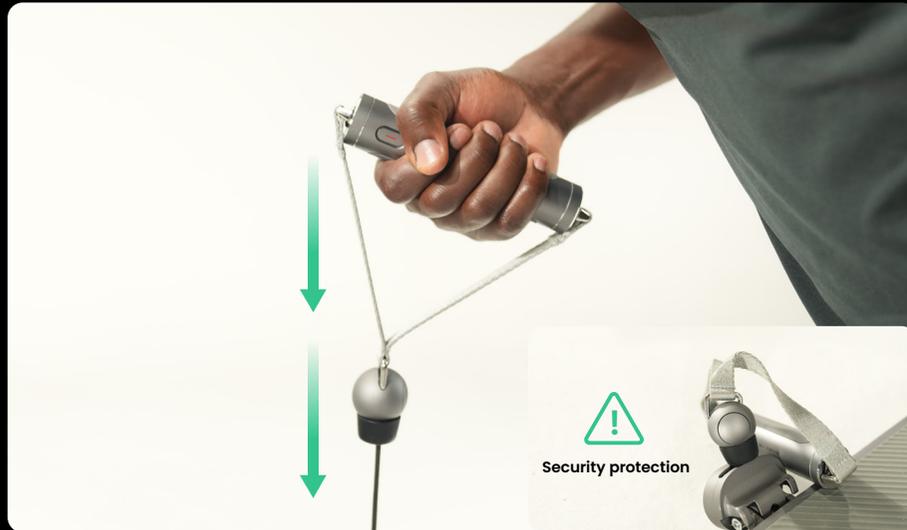
455mm

1468mm

695mm



Safety You Can Trust



Hands-Off Safety

Automatically activates protection if you release the handle or bar during training, ensuring instant safety response.



One-Touch Activate & Unload

Instantly activate or drop the weight with a single press, whether using the handle or crossbar, for quick relief and enhanced safety.

Total Immersion: Where Vision Meets Sound



43" 4K Touch Mirror

Enjoy an ultra-clear, immersive experience with vibrant visuals



2.1 Surround Sound System

High-quality audio for an enhanced workout atmosphere



Bluetooth Music & Screen Casting

Personalize your environment with seamless music and casting

Accessories Overview

AEKE B1 Adjustable Bench



Smart 8 Electrode Scale



Crossbar Unloader



Ankle Straps



Smart Grips



Heart Rate Armband



Backup Cords



Crossbar



Camera Cover



Yoga Mat



AEKE K1: Award-Winning Design, Premium Build

Recognized with Red Dot & IDA Design Awards

Sleek & Durable

A modern, premium design built for long-lasting performance

Compact & Portable

Foldable, storable, and easily movable to fit any space



red dot winner 2024



CE, ISO 9001, and FCC Certified

Assuring top-tier quality and safety standards



Product Specifications – AEKE K1

Weight & Spacing

Dimensions (Unfold)(L×W×H)	1468 * 695 * 1740mm / 57.8 * 27.4 * 68.5 inches	Dimensions (Fold)(L×W×H)	455 * 695 * 1740mm / 17.9 * 27.4 * 68.5 inches
Package Dimensions(L×W×H)	23.62 * 29.53 * 72.83inches (W × L × H)	Net Weight	80kg
Packaged Weight	100kg	Space Coverage (Unfold)	0.9m ²
Space Coverage (Fold)	0.3m ²		

AEKE Smart Home Gym K1

Model Number	AMR2402-1	Connectivity	Wi-Fi (2.4G & 5.0G), Bluetooth 5.0
Main Processor	CPU: 8 core; NPU: 5T	Screen	43" 4K
Rated Voltage	110-240V	Rated Power	1500W
Digital Weight Maximum	220lbs (100kg)	Audio	2.1 Surround Sound System
AI Camera	60FPS, ultra-wide angle lens	Wireless	WiFi: 2.4&5.0; BT: 5.0
Storage	8+128G	Color	Grey
Material	Aluminum Alloy	Operating Temperature	0°C to 45°C
Storage Temperature	-20°C to 60°C		